**Active Video Games May Help Students With ADHD**

While too much screen time can be an issue for students, some games can help improve focus for students with disabilities such as attention-deficit/hyperactivity disorder, writes child psychologist Randy Kulman. Fast-paced video games such as "Plants vs. Zombies 2" help hone attention to detail and decision-making, Kulman writes.

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[*https://www.psychologytoday.com/us/blog/screen-play/202205/can-video-games-teach-kids-adhd-pay-attention*](https://www.psychologytoday.com/us/blog/screen-play/202205/can-video-games-teach-kids-adhd-pay-attention)

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[*https://www.bing.com/images/search?view=detailV2&ccid=bTfYwsrl&id=96FB2E45A7F3779493D5DE495B9DBE8C08760FD1&thid=OIP.bTfYwsrlVKiAa9XTzS0feQHaEL&mediaurl=https%3a%2f%2fak1.picdn.net%2fshutterstock%2fvideos%2f1022857231%2fthumb%2f11.jpg&cdnurl=https%3a%2f%2fth.bing.com%2fth%2fid%2fR.6d37d8c2cae554a8806bd5d3cd2d1f79%3frik%3d0Q92CIy%252bnVtJ3g%26pid%3dImgRaw%26r%3d0&exph=480&expw=852&q=VIDEO+GAMES+AND+KIDS&simid=608036136705605030&FORM=IRPRST&ck=54DA36929791A2BB11A93458B201ABA0&selectedIndex=1&ajaxhist=0&ajaxserp=0*](https://www.bing.com/images/search?view=detailV2&ccid=bTfYwsrl&id=96FB2E45A7F3779493D5DE495B9DBE8C08760FD1&thid=OIP.bTfYwsrlVKiAa9XTzS0feQHaEL&mediaurl=https%3a%2f%2fak1.picdn.net%2fshutterstock%2fvideos%2f1022857231%2fthumb%2f11.jpg&cdnurl=https%3a%2f%2fth.bing.com%2fth%2fid%2fR.6d37d8c2cae554a8806bd5d3cd2d1f79%3frik%3d0Q92CIy%252bnVtJ3g%26pid%3dImgRaw%26r%3d0&exph=480&expw=852&q=VIDEO+GAMES+AND+KIDS&simid=608036136705605030&FORM=IRPRST&ck=54DA36929791A2BB11A93458B201ABA0&selectedIndex=1&ajaxhist=0&ajaxserp=0)