**Was That A Russian Spy, Or Am I Getting Paranoid?**

When you start packing for a reporting trip to Russia, you get a lot of advice. Take a clean phone, advised my journalist friends in Moscow. Take a clean laptop. That means one that has been wiped and re-imaged and from which I've never logged on with my usual user accounts and passwords. The reason? Russian intelligence will be monitoring you from the moment you land, they said.

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<http://www.npr.org/sections/parallels/2016/07/26/487049242/was-that-a-russian-spy-or-am-i-getting-paranoid?utm_source=API+Need+to+Know+newsletter&utm_campaign=075a278612-Need_to_Know_July_27_20167_27_2016&utm_medium=email&utm_term=0_e3bf78af04-075a278612-31697553>